

Colchester Swimming Club

(Affiliated to ASA East Region)

Sponsored by **Griffin Chapman Chartered Accountants**
Present

▶▶ **Colchester Open Meet 2010** ◀◀ **Category 3 Licensed Meet**

License 3ER0351

Saturday 29th May 2010

At Colchester Leisure World

under ASA Laws & ASA Technical Rules

🏆 🏆 Age Group Awards places 1-6 🏆 🏆

🏆 Awards for Best Boy, Best Girl and Top Visiting Club 🏆

Age Groups: 9/10, 11, 12, 13: 50m all strokes + 100m IM

Age Groups: 14, 15+: 100m all strokes + 100m IM



Age as at date of Meet

Entry Fee £4.50 per event

Closing date 24th April 2010*

***NB Early application is advisable as entry is strictly on a first-come, first-served basis.**

	Session 1 Warm-up 9.00 Start 10.00		Session 2 Warm-up 1.30 Start 2.30
1	Girls (9-13) 4 x 25m IM	11	Girls (14,15+) 4 x 25m IM
2	Boys (9-13) 4 x 25m IM	12	Boys (14,15+) 4 x 25m IM
3	Girls 100m Backstroke	13	Girls 50m Backstroke
4	Boys 100m Backstroke	14	Boys 50m Backstroke
5	Girls 50m Butterfly	15	Girls 100m Breaststroke
6	Boys 50m Butterfly	16	Boys 100m Breaststroke
7	Girls 100m Butterfly	17	Girls 50m Freestyle
8	Boys 100m Butterfly	18	Boys 50m Freestyle
9	Girls 50m Breaststroke	19	Girls 100m Freestyle
10	Boys 50m Breaststroke	20	Boys 100m Freestyle

 Visit www.colchester-swimming.org for rules and entry instructions 

✉ Email: open.details@colchester-swimming.org ✉